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Terri Johnson, Director of Rehabilitation Services



“He laughed with me, and I knew I had reached him, and he was genuinely present”. That is Terri Johnson, Director of Rehabilitation Services at Tesh, Inc., describing a mental health client who hears voices and is often anxious, and the reward she feels in working with

individuals with all kinds of disabilities. Johnson was in a part time Marketing position in 1999 when she was invited to take another part time job at Tesh. Within the year she was the Manager of the Adult Services Program. With a degree in Elementary Education and certifications in Habilitative Intervention, Service Coordination, ResHab Coordination, and more, Johnson is the Medicaid Program Administrator for Tesh. Her responsibilities include the Adult Life Skills programs, Adult

Activity Center, Vocational Center, Children’s Services, Service Coordination, & Supported Employment. She oversees various quality assurance committees keeping Tesh ready for Health & Welfare and CARF audits. But the secret to Johnson’s success is her passion for believing in and helping others. She creates personal relationships with each client based in trust and her belief that they have the ability to succeed. She is patient, gentle, and maintains high expectations. She talks about growing up

with brothers with hearing impairments and seeing her parents not treat them any differently. She proudly takes on her responsibility of training the clients and providing therapy to integrate them comfortably and functionally into the community. She knows she will sell them short if she expects less than they are capable of. She praises them in their successes and laughs.



Successful Independence



Terri M. attends several Adult Life Skills classes at Tesh and the difference they have made in her life is worth telling. Terri has been married for thirty years; her husband also has a disability. They live in a humble abode in Athol without regular transportation. The inability to cook or make good food choices resulted in both of them being overweight and struggling with health issues. Terri was enrolled in the cooking class offered at Tesh. The “My Plate” nutrition program, which has replaced the food pyramid, was introduced in class. Community access classes provided the opportunity for Terri to learn to shop for those foods which would assure she filled 1/2 her plate with

fruits and vegetables, and she was able to learn to prepare various foods in the Tesh kitchen. She was proud to announce recently that she had used all of these skills to purchase and prepare a full turkey dinner meal, including the turkey and trimmings, for she and her husband! She is also regularly packing a healthy lunch like the one she has in front of her in the picture (left). Terri is thrilled to also be losing weight and becoming more healthy through this experience as well. Her life has also been changed by her participation in sewing class. She brings clothes to sewing class to get help with her mending. Terri is also benefitting from the therapeutic and calming benefits of cross-stitching in the evenings. And enjoys using this talent to make gifts for people in her life. These are two examples to illustrate the importance of life skills training to empower our clients in their search of independence.



Breakfast Fundraiser
May 16th – 8-10 a.m.
@ Applebee’s



THANK YOU to the anonymous donor for the \$2400 for Camp Independence! Support for the children and this summer program is so very appreciated! We couldn’t do it without gifts like these.

“Free” Ways to Support Tesh!

- * Do you shop at **Fred Meyer**? Please go to www.fredmeyer.com; click on Rewards in the top menu; Click on Community Rewards; and mid-way down the page click on “Link your Rewards Card Now” and write in Tesh, Inc. Each time you shop at Fred Meyer, a small percentage will be set aside for Tesh—at absolutely no cost to you!
- * Do you shop on **Amazon**? If you use the AmazonSmile.com portal, you can chose Tesh, Inc. as the non-profit you would like to support. Each time you shop, a small percentage is set aside for Tesh—at absolutely no cost to you.
- * How about **Good Shop**? www.goodshop.com offers discounts with many different vendors. Once again you identify the desire to support Tesh, and shop away. Tesh will get a little bit each time!
- * **Thrivent** now includes the option to donate Choice Dollars to Tesh, Inc.



*Transforming Lives &
Enriching Our
Community.*

March 2015



***Your financial support helps
make success stories
possible! Thank you!***

Pathfinder Society =
1 life for 3 years @ \$1200/year

Benefactor = 1 life for 1 year
@ \$1200

Friend of Tesh = \$600/year

Patron of Tesh = \$300/year

Supporter of Tesh = \$120/year



Mark Your Calendar!

Friday, June 26—Noon

2nd Annual Tesh Invitational Golf
Tournament; CdA Public Golf Course

Saturday, September 12—5:30 pm

2nd Annual Tesh Fest, CdA Resort

Wednesday, October 28—7:00 am

8th Annual Pathways to Independ-
ence Breakfast, CdA Resort

Plan to join us!



Like us on Facebook

Tesh Production Services



SHREDDING ... Have you managed to get your taxes done but now have all that paper to shred? We do confidential document destruction for 38 cents/lb. Drop off between 9:00-3:00 Mon thru Fri. Have a lot of shredd often, call us about an agreement to pick up regularly for \$.43/lb.

SMALL PART ASSEMBLY & KITTING ... Are there repetitive tasks that are part of your processes? Do you have a hard time finding and keeping dedicated employees who value their job? Do you have a trade show coming up and have 100's of bags of goodies to prepare? We can help with any and all of that.



JANITORIAL SERVICES ... Who do you have cleaning your office? We would be glad to give you a free quote to use our Janitorial services.

3327 W. Industrial Loop, Coeur d'Alene, ID 83815 * (208) 765-5105 * (208) 765-3817 (fax)
www.teshinc.com